

And the darn thing really works!

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Show of hands, please. Does anybody really believe it when radio hosts crow about the products they're pushing? Yeah right, you think, they're paid to say good things. Now consider popular Washington personality **Fred Grandy**, cohost of WMAL's morning show with **Andy Parks**. He has the perfect pitchman background: He was Gopher on The Love Boat and is a former congressman. So when he suffered a heart attack this month, we wondered about his earlier bragging about taking a "Virtual Physical." Didn't it work, or was he just scamming us? Turns out he got the 3-D scan, and it probably saved his life. "I'm a big believer in the Virtual Physical," says Grandy, 55. Despite his clean living, it found a 30 percent blockage in his right coronary. He followed up with a visit to his doc, who put him on an even healthier diet. Everything looked great, until some plaque ruptured, causing a blockage. Because his Virtual Physical got him to the doctor, everybody was ready. A little angio, a stent, and he's back to work in a week. "If I'd done nothing," Grandy says, "it would have been a disaster."